



Additional Resources

If you are an attached patient (you have a doctor or nurse practitioner)

Contact your medical provider and book an appointment to discuss your risk profile and screening options.

Or go ahead and order your own test for:

Cervical: 1-877-702-6566 or

<http://submit.healthcarebc.ca/bccancer/cervix-screening-kit>

Breast: 1-800-663-9203

If you are an unattached patient (you don't have a doctor or nurse practitioner)

- 1) Register yourself for a doctor through Healthlink B.C.
healthlinkbc.ca/health-connect-registry
- 2) Pick your pathway....

In person:

Cowrie Street Medical Clinic, Sechelt

Visit the clinic on Saturday mornings for a walk-in appointment

Gibsons Medical Clinic

Call first thing in the morning and request a "Doctor of the Day" appointment for unattached patients

Or go ahead and order your own test for:

Cervical: 1-877-702-6566 or

<http://submit.healthcarebc.ca/bccancer/cervix-screening-kit>

Breast: 1-800-663-9203

Virtual:

Breast, Colorectal, Lung: www.canscreenbc.com

Telus Health: <https://www.telus.com/en/health/my-care/doctors> Book appointment with doctor or Nurse Practitioner (no cost with a PHN, \$70 with no PHN)



Genes and Screens

Additional Health care resources for unattached patients:

Telephone: 8-1-1, available 24-7, 365 days a year

This is a free-of-charge provincial health information and advice phone line, operated by HealthLink BC, which is part of the Ministry of Health. You can speak to a health service navigator who can help you find health information and services; or connect you directly with a registered nurse, a registered dietitian, a qualified exercise professional, or a pharmacist.

Pharmacists:

Can assess and treat 21 minor ailments:

- Allergies (allergic rhinitis)
 - Cold sores
 - Fungal infections
 - Heartburn (acid reflux)
 - Hemorrhoids
 - Headaches
 - Impetigo
 - Indigestion (upset stomach)
 - Itching, including from bug bites
 - Menstrual pain
 - Mild acne
 - Nicotine dependence
 - Oral fungal infections (thrush)
 - Oral ulcers (canker sores)
 - Pink eye (conjunctivitis)
 - Shingles
 - Sprains and strains
 - Skin rash (dermatitis)
 - Threadworms or pinworms
 - Uncomplicated urinary tract infection
 - Vaginal candidiasis (yeast infection)
- Prescribe and dispense contraceptives (birth control)
 - Renew or change some prescriptions or provide you with an emergency supply
 - Administer immunizations and drugs by injection

Need a Prescription* and don't have a doctor?

Visit one of the following seven pharmacies on the Sunshine Coast to get connected to a doctor (via AVEE Telehealth service). 80% are same-day appointments, but you MUST present to a pharmacist first. This service *may* expand to additional pharmacies on the Sunshine Coast soon. *May exclude some prescriptions such as narcotics and stimulants.

- Pharmasave, Sechelt
- Sechelt Pharmacy (Rami), Sechelt
- Sunshine Coast Guardian Pharmacy, Sechelt
- Cowrie Pharmacy, Sechelt
- IDA, Sechelt
- MedShop, Wilson Creek
- Howe Sound, Gibsons