



Accessing Home Care, Sunshine Coast

Who can access Home Care on the Sunshine Coast?

Patients who require ongoing medical attention outside of the hospital setting. You must meet additional eligibility requirements for some of our services such as home support, assisted living, adult day services and long-term care.

The requirements include:

- 19 year of age or older
- Resided in British Columbia for at least three months
- Unable to function independently because of a chronic, health-related problem or have been diagnosed by a doctor with an end stage illness

Conditions include:

- Recovering heart or stroke patients
- Patients who need wounds dressed or medications administered
- Patients who are recovering from an orthopedic incident
- Patients who are facing a chronic disease or terminal illness
- Patients who require palliative care
- Disabled Adults

.....**TO ACCESS HOME CARE SERVICES, CALL: 604-741-0726**

HOME SUPPORT SERVICES

Support services provided by community health workers to clients who require assistance with daily living activities. As most people wish to remain in their own homes for as long as possible. We are committed to the quality of life by supporting independence, health, and wellness through the delivery of person and family-centered care.

Eligibility: to those who require assistance with daily living activities such as:

- Bathing, dressing and toileting
- Helping you move around or get in and out of bed safely
- Heating and serving meals
- Providing a break for your caregiver
- Helping you take your medication

Cost:

Although the government subsidizes home support, you may need to pay for some of the cost. This is calculated based on your income and is guided by Ministry of Health policy. Your situation can be reviewed if the cost of service results in severe financial hardship.

For information on how the cost is calculated, visit the BC Gov home support web page.

If your health condition is due to an illness or injury for which a third party (e.g., ICBC, WorkSafe BC) is responsible, you will need to contact that third party about services offered.



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HOME CARE NURSING

Support services to teach you and your caregivers how to manage your own healthcare, so that you can live as independently as possible.

Cost: Free to those eligible

PALLIATIVE CARE

Support care to provide comfort and quality of life care for people living with life-limiting illness and their families

Cost: Free to those eligible, for up to 6 months of continuous care.

Resources:

- Palliative Care Physicians
- VCH Palliative Care Nurses
- Patient and Family Support Volunteers:
- Sunshine Coast Hospice Society 604-740-0475

LONG TERM CARE

Provides professional care and supervision to adults in a supportive and secure environment. Available to people with complex care needs, and physical and/or mental health conditions who cannot live safely and independently at home.

Cost:

In subsidized Long-Term care homes, the government pays for the costs directly related to your medical care, such as nurses. However, you are responsible for paying an accommodation fee towards food and room costs based on your annual income, as reported on your tax return.

This fee changes every year and is paid monthly. The case manager or hospital team will advise you of the monthly rate after they have completed your assessment.

Resources:

- Shorncliffe
- Totem Lodge
- Christenson Village
- Adult Day Care: Social-recreational activities for elderly or disabled adults, funded by VCH.



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REHAB SERVICES

Physiotherapy services for homebound clients to optimize home safety. Physiotherapists and rehab team work with the client, family and care team to meet functional mobility goals. Also provide information about client groups such as neurological, cardio-respiratory, orthopedics in addition to both acute and chronic illness and falls prevention. May include prescribing exercise programs, recommending mobility aids, and other equipment, providing falls prevention education and assessing transfer and stairs after a change in mobility.

ADULT DAY PROGRAM

Is a community program for elderly and / disabled adults, funded by LTC and the Home and Community Care Division of Vancouver Coastal Health. Professional staff offer encouragement, instruction and support to help persons participate as fully as possible in the social-recreational activities offered.

Program offers nutritious meals and snacks, opportunities to socialize with peers, basic living skills, music therapy, exercises, crafts and games. Goals: to assist participants to maintain as much independence as possible, within limitations associated with age and physical / mental impairment. To provide opportunities for interaction with others and to stimulate and maintain a positive outlook.

Eligibility:

Determined by Home and Community Care's LTC program. Referrals can be made by family, friends, doctors, neighbours or by the person themselves.

Fee: a daily fee is charged for meal and program materials. Participants are eligible for assistance under the Long Term Care Program.

HOME HEALTH EQUIPMENT & SUPPLIES

Having the right medical equipment is important for your safety. You may be required to rent or buy equipment, such as walkers, bath seats, wheelchairs or lifts.

If the appropriate equipment is not in place, it may affect the services that we are safely able to provide to you.

Cost:

For the most part, you will be expected to pay for your supplies, medications and any equipment not available through the Loan Cupboard.

Resources:

- Loan Cupboard (Auxiliary): 604-885-2224 ext. 4204
- A service provided and administered by Sunshine Coast Health Care Auxiliary volunteers. Providing a variety of hospital equipment for short-term loan, free of charge.



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HEALTH SERVICES FOR COMMUNITY LIVING

The Health Services for Community Living (HSCL) is a community based health care team that supports adults with developmental disabilities and complex health care needs.

Eligibility:

Must be 19 years of age or older but they may apply for eligibility after 16th birthday. A person must meet all the criteria for either a Developmental Disability or the Personalized Supports Initiative. A developmental disability is currently defined as “measured intellectual functioning of 70 IQ or lower, with onset before the age of 18, and measured significant disability in two or more adaptive skill areas.” CLBC also works to determine if a client with FASD or PDD qualify for services as well.

We provide Physiotherapy, Nutrition, Dental Hygiene, Nursing Coordination & Occupational Therapy. Each individual discipline can receive referrals for individuals with a DD, though the HSCL nurse is often the person to receive the first referral and will coordinate services required.

Services Include:

- Assessment to determine Health care needs.
- Education to ensure relevant health information is available to clients, caregivers, and other health care providers.
- Support to identify appropriate community resources.
- Providing extensive care planning for our 5 group homes on the Sunshine Coast, as well as care planning and consulting to any home share providers and families requiring our service.
- Providing services to individuals that are living independently in the community with a developmental disability. They may or may not have an agency over seeing their care and therefore we may need to be quite involved to provide stability to their independence.

Eligibility

Adults eligible for funded services will receive either direct funding for services, or individualized funding, the latter of which provides individuals and families with flexible, person-centred and self-directed options.

Resources:

- For new clients: Contact CLBC office for a referral to HSCL, call: 604-741-0726
- For returning clients: Call HSCL nurse Coordinator, Brenda Wilkes: 604-984-5070 ext 6522
- The HSCL nursing coordinator receives referrals from transitioning youth through the School District 46 and the MCFD when they are involved, as well as from Community Living BC who confirm whether the individual meet their criteria for Services.
- Sunshine Coast Association Community Living (SCACL): 606-885-7455



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VOLUNTEER & SUPPORT SERVICES | 604-885-8517 | SCVOLUNTEER@VCH.CA

Volunteer Drivers:

Provides transportation to and from medical appointments, locally or in Vancouver.
Cost: Fuel charges.

Meals on Wheels:

Volunteers deliver meals to residents who are home bound or who have difficulties preparing meals.
Cost: \$7.70 per meal

Grocery Shopping:

Volunteers receive food orders by phone and shop for you.
Cost: Delivery charge.

Telephone Tree:

A volunteer service that offers friendly phone calls, daily. Available for residents who live alone.

Income Tax Assistance:

A free service for eligible clients, i.e.: Individuals who earn up to \$35,000 per year; Families of 2 who earn up to \$45,000 per year. Must provide complete tax information.

HELPFUL LINKS:

→ [Click here for: BC Govt info on how costs are calculated](#)

Or visit: www2.gov.bc.ca

→ [Click here for: Financial Profile & Calculations form](#)

Or visit: www2.gov.bc.ca/assets/gov/health/forms/1-6fil.pdf

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